

**FREE**

# KINSALE ADVERTISER

Vol. 23 Issue 37/12

Friday 14th - Thursday 20th Sept 2012



INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.com :: Fax: 021 477 4339

## Super Offers

# Smith's of Kinsale SuperValu

Real Food, Real People

**SAVE**  
**33%**

SuperValu Fresh Irish Round Roast was €11.89/kg **Now €7.97/kg**

SuperValu Fresh Plaice Fillets (Fish Counter Only) was €21.99/kg **Now €14.73/kg**

SuperValu Carrot & Parsnip Tray 500g was 99c



SuperValu Closed Cup Mushrooms 250g was 99c



SuperValu Royal Gala Apple Bag 6pce was €2



67c Each as part of the 3 for €2 Deal



SuperValu Mixed Peppers Twinpack was €1.29

SuperValu Easy Peeler Net 650g was €2



SuperValu Snack Pack Bananas 6pce was €1.39

### Baby & Toddler event

**€13 EACH**



Pampers Baby-Dry Jumbo Pack Selected Range

**5 FOR €5**



Johnson's Baby Wipes Gentle Cleansing Extra Sensitive 56pce

**€9.50**



Aptamil Growing Up Milk Stage 2 800g was €11.19

All offers valid until Saturday 15th September 2012.

All offers subject to availability while stocks last. Customer quotas may apply



**C club**  
more than a gym



**Class Timetable**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning</b>					
06.00 - 07.00	Swim Club				
10.30-11.15	Aqua Fit				
<b>Afternoon</b>					
15.45 - 19.00		Children's Swim Lessons		Children's Swim Lessons	
17.00 - 18.00					Teen Gym
18.00 - 19.00					Teen Gym
<b>Evening</b>					
18.30 - 19.15	Boxercise				
19.00 - 20.00		Circuit Training	C Weight Loss Club		
19.30 - 20.15	Boxercise				
21.15 - 22.15		Swim Club			

**Rates**

**Aqua Fit**  
(6 wks) €30/€48

**Swim Club**  
(10 wks) €50/€70

**Boxercise**  
(6 wks) €30/€48

**Circuit Training**  
Weekly - FREE

**Swimming Lessons**  
(7 wks) €60/€80

**Teen Gym**  
(10 wks) €60/€80

**C Weight Loss Club**  
(12 wks) €25/€175

**Membership Options:**  
3, 6 & 12 Month terms **From ONLY €190**

**New Classes:**  
Aqua Fit, Boxercise, Teen Gym & Swim Club

**C Weight Loss Club:** Every Wednesday @ 7pm

**Swimming Lessons:** Group classes for all abilities  
on Tuesdays, Thursdays & Saturdays.  
Private lessons also available



**CARLTON**  
HOTEL & C SPA  
KINSALE  
\*\*\*\*

Book now on **(021) 470 6625**  
Carlton Hotel & C Spa, Kinsale, Co. Cork.  
Email: [cclubkinsale@carlton.ie](mailto:cclubkinsale@carlton.ie)  
[www.carlton.ie/kinsale](http://www.carlton.ie/kinsale)

# The Folk House

Music Venue Guardwell - T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)



## CHECK OUT OUR... **WORLD BEERS MENU**

**UNRIVALED SELECTION INC:**  
Fuller's Honey Dew Lager,  
O'Hara's IPA, Old Speckled Hen,  
Hobgoblin Ale,  
London's Pride Ale

**NEW ON TAP:**  
O'Hara's Red Ale,  
Stowford Press Westons Cider  
Jennings' Slap & Tickle,  
Metal Man Cask Ale,  
8° Howling Gale, Abbot Ale,  
Carrig Irish Craft Lager

## -LIVE MUSIC-

**FRI 14th** **PARALLEL**  
4 Piece Soul, Pop & Rock



**SAT 15th** **HOUND DOGS**  
4 Piece Old School Rock n' Roll  
& Contemporary Covers

**SUN 16th** **BIG ORDEAL**  
4 Piece Rockin Covers

**THURS 20th** **TREBLE**  
*...Niall, Mike & Friends.*  
3 Piece Soul and Contemporary Covers

**FRI 21st** **BONE DOG  
BLUES BAND**

...ALSO UNRIVALED  
**WHISKEY**  
SELECTION!



**ALL SPORTS  
SHOWN  
ON 2 BIG SCREENS**

**ALL PARTIES  
CATERED FOR  
GREEN ROOM  
FROM 3 TO 300**

# Bacchus Nightclub

Guardwell Kinsale

**FRI 14th SEPT - DJ Garian**  
90s Club Classics & Chart. Doors 11:30pm - FREE b4 12:00am

**SAT 15th SEPT - DJ Sean**  
All the Old & New Classics. Doors 11:30pm - FREE b4 12:00am

**THURS 20th SEPT - DJ Mark**  
All the Old & New Classics. Doors 11:30pm - FREE All Night

# The Speckled Door

Old Head, Kinsale.

T: 021 477 8243

www.speckleddoor.com

**Spectacular Views of Kinsale Harbour**  
from bar, restaurant, patio & beer garden!



**10 minutes drive from Kinsale**  
Ample Parking & Wheelchair Facilities.

## Food Served 7 Days

12.30pm - 8.45pm

~ **Seafood & Steaks A Speciality** ~

Also Kid's Menu & Selection of Sandwiches

## Ralf's Computer Services

& Internet Cafe  
Lower O'Connell Street,  
Kinsale, Co. Cork

(Between Shanghai Express & The White Lady)

### COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up  
Home & Business Networking • Computer Upgrades  
Home & Business On-Site Services

### COMPUTER SALES

Computers • Laptops • Printers • Accessories • Ink toners

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Email: [Sales@Csonline.ie](mailto:Sales@Csonline.ie)  
[www.csonline.ie](http://www.csonline.ie)

## JIM EDWARDS

BAR & RESTAURANT



**Food Available All Day from 12pm**

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu  
2 Courses: €20  
3 Courses: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch  
€23.90 (4 Course)

**Tel: 021 477 2541**

[www.jimedwardskinsale.com](http://www.jimedwardskinsale.com)

\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*



# The 36th Kinsale Gourmet Festival

12-14th October  
2012

FRIDAY 12th OCTOBER 2012

**3pm, COOK OFF on the Streets of Kinsale Sponsored by PALLAS FOODS**

Cook Off at the Plaza, Short Quay... join the chefs of the GFC and their special guests as they show off their skills and you might even get to sample some of their wares!



**6.30pm, FESTIVAL OPENING**  
**A Taste of West Cork Dining Experience**  
**& Laurent Perrier Black Tie Ball**



Patrons will be treated to a feast of West Cork delicacies over an 8 course dinner accompanied by champagne and fine wine from our event sponsor, **LAURENT PERRIER**, followed by dancing with the Billy Crosbie Swing Band and special guest Jimmy O'Byrne until the wee hours. MC Derek Davis. Ticket price €85

LIMITED  
TICKETS  
LEFT

SATURDAY 13th OCTOBER 2012

**11.30am, The MAD HATTERS Taste Of Kinsale.**

Join Alice and friends and explore Wonderland on - an escorted tour of the 10 Members of Kinsale's Good Food Circle who will present spectacular dishes from their kitchens bearing testimony to the culinary skills of the chefs of Kinsale. The event kicks off with a sparkling reception, sponsored by **CHRISTY'S WINES & SPIRITS**, your guide will then escort you to each of the tasting venues to sample fine cuisine, complimented by selected wines from our Festival wine sponsors, **NASH'S, KARWIGS, SEARSONS & BARRY FITZWILLIAM**. We have beer for non wine drinkers or water courtesy of **TIPPERARY WATER**. As an additional fun element everyone is requested to wear a "Mad Hat" in honour of our special guest - the Mad Hatter! A competition for the best hat will be held, compliments of **HATTITUDE, KINSALE**. Afterwards for those whose stamina hasn't wilted, it's 'All Aboard' the Land Train heading for the Festival Club to dance the evening away to the sounds of Crazy Chester (and Crazy DJ Anthony). Ticket price €90

LIMITED  
TICKETS  
LEFT

SUNDAY 14th OCTOBER 2012  
**1pm, FRUITS DE MER**

Take your seat for a superb afternoon of fun & frolics with MC Derek Davis. Enjoy a mouth watering four course lunch to include lobster, crab, prawns etc, accompanied by delicious wines sponsored by **FINDLATER WINE & SPIRITS**. Freshly roasted coffees compliments of **BEWLEYS** then dance the evening away with the Magnetics. During the afternoon there will be fun and games with spot prizes to be won as well as our annual charity auction held in aid of Kinsale's Pink Ribbon Walk, raising much needed funds for Breast Cancer awareness. Event Ticket price €75

LIMITED  
TICKETS  
LEFT

Please note that patrons **MUST** produce ticket at door to gain entry to each event - no ticket, no entry

## Participating Restaurants:

Bookings being taken at all GFC restaurants for evening dining

Restaurant d'Antibes @ The White House, The Blue Haven, Crackpots, Jim Edwards, Max's, Man Friday, Fishy Fishy, Pier One @ The Trident Hotel, Toddies @ The Bulman, White Lady

**Tel: 021 4773571**

**www.kinsalerestaurants.com**



71 Main Street, Kinsale, Co. Cork

www.facebook.com/Good.Food.Circle



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)

5

[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# *Bulman Bar & Toddies Restaurant*

SUMMERCOVE, KINSALE

~ *Live Music* ~

*Saturday 15th Sept*

## **Karma Parking**

*from 10.15pm*

*Sunday 16th Sept*

## **Sweet As**

*from 6.30pm*



Bulman

~ **Bar Food** ~

Served 7 Days, 12.30pm-5pm

Bulman

~ **Bites Menu** ~

Served in the bar  
Tues-Sat 6-9pm

Toddies

~ **Restaurant** ~

A la Carte menu  
Tues-Sat, 6pm-9.30pm

**T: 021 477 2131**  
www.thebulman.ie



## **BUTCH ROBERTS'** **Deep Sea Angling & Scenic Tours**

38ft Aquastar 'Sundance Kid'

**Operating  
All Year!**

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include  
The Old Head etc.
- Whale/Dolphin Tours

**M: 086 103 6905**

**T: 021 477 8054**

www.anglingkinsale.com

email: info@anglingkinsale.com



## **WELCOME HOME PARTY!!!**

A Welcome Home Party for our  
Kinsale Paralympian sailor

### **John Twomey & his Team**

To celebrate John's 10th consecutive  
participation in the

Paralympic Games 1976 - 2012

**Saturday 15th September**

at the

Lord Kingsale, 9pm

Tickets €5

On Sale @ The White House

## **NEW CAR INSURANCE SCHEME FOR 18-24 YEAR OLD DRIVERS**

- ✓ with No Claims
- ✓ Clean Licence
- ✓ Clear Record
- ✓ Car Not Older Than 2001



**Contact:**

**021 4772001 / 021 4772332**

PJF Insurances Ltd t/a PJFitzgerald Insurances is regulated by the Central Bank of Ireland.

# Anika & Sandra

Massage, Beauty, Hair & Nail

Pearse Street, Kinsale (above Eurospar)

Tel: 087 783 9626

Treatments offered by highly Qualified therapists at reasonable prices.

## ~ Beauty ~

### NEW MESOSTYLE FACIAL ...only €65

Mesotherapy treatment without needles! Facelifting, skin rejuvenation with electroporation. The Mesotherapy treatments are the most effective way to penetrate active ingredients into the deep layer and cells of the skin.  
(6 sessions for the price of 5)

### MICRODERMABRASION FACIAL ...only €50

With free eyelash tint and eyebrow shape

### EYELASH, EYEBROW TINT & SHAPE ...only €18

All waxing services at reasonable rates

## ~ Massages ~

### BACK-NECK-SHOULDER

(30min) only €20

### MULTI-VITAMIN FULL BODY MASSAGE

(60min) only €40

### SWEDISH MASSAGE

(60min) only €40

### DEEP TISSUE MASSAGE

(60min) only €40

### SPORT MASSAGE

(60min) only €40

### GOLFERS MASSAGE

(60min) only €50

## ~ Nails ~

### SPA MANICURE only €15

### SPA PEDICURE only €35

### SPA PEDICURE & MANICURE only €45

### GEL VARNISH (lasts up to 3 weeks) only €25

### GEL/ACRYLIC FULL SET only €45

## ~ Beauty Pamper Package ...only €80 ~

(Full Body Massage + 60min Beauty Facial with Free Eyebrow Shape, Eyelash Tint, Hand Massage)



### NEW INTENSIFIT

The new generation of vibrational trainers (only 10 mins a day for sufficient full body workout)

Do you "hate" exercise – and need to lose weight and tone up? Or do you have bad circulation and need more energy?

Then the 'INTENSIFIT' Trainer is the answer.

#### Benefits:

- ...helps your body to detox and improve mood
- ...improves blood circulation – speeds up metabolism
- ...shapes and defines muscles
- ...reduces body fat and helps to lose weight.

For best results – 3 sessions a week

### Thermo Acupressure Massage Bed

(a Medical Aid)

Treatment takes 40min - €20

#### Effects:

- Light Therapy • Heat Therapy
- Massage • Acupressure

#### Recommended...

- ...in musculoskeletal disorders
- ...in spinal conditions, rheumatic problems
- ...for the treatment of internal inflammations
- ...in skin conditions (psoriasis, eczema, moles)
- ...in osteoporosis
- ...in allergy, asthma, chronic rhinitis
- ...for weight loss
- ...for immunostimulation
- ...for improving eyesight
- ...for migrainous headache



Gift Vouchers Available ~ Open Mondays to Saturdays



# Mario's Pizza

EAT IN / TAKE AWAY

Chipper - Pizzeria

## --- Special Offers ---

Buy any Pizza - get a Free Drink or Chips  
Buy any 2 Pizzas - get the 2nd Half Price\*

SPECIAL OFFERS VALID FROM MONDAY - THURSDAY, NOT VALID FOR DELIVERY

Open every day from 4pm til late

Delivery services available from Sunday to Thursday til 10pm in Kinsale  
Free delivery on orders over €25 - All the food is cooked to order

For call & collect or delivery services tel: 021 477 4166

\* applies to the cheapest one

## Alto Holistics

L.T.E.C. Qualified

### Kids Back to School?

Take a Mums Moment  
and enjoy a relaxing treat with  
10% OFF every morning!

### ~ Treatments Available ~

Back, Neck & Shoulder .....	€25
Swedish Massage .....	€45
Reflexology .....	€45
Aromatherapy .....	€45
Reiki .....	€45
Indian Head Massage .....	€45
Lymphatic Drainage .....	€45
Sports Massage .....	€50

### ~ The Half & Half ~

Back Massage & Reflexology  
Only €50

### ~ GIFT VOUCHERS ~

late appointments available by advanced booking

Tel: 087 9127271

Sarah Tubridy

44 Main St. (next to Poets Corner Cafe)

## THE ARMADA

Your Local Bar...

BAR & GUESTHOUSE

Pearse Street, Kinsale Tel: 477 2255

~ Live Music ~

Saturday 15th Sept

**Amarilla**

Sunday 16th Sept

**Jamestown**

Wednesday 19th Sept

**Dan The Man**

~ Plus our Darts, Rings & Pool ~

Traditional  
Irish Food  
Served Daily  
12pm-8pm





# KINSALE COMMUNITY SCHOOL

# Night Classes

## EVERYBODY WELCOME

**Commencing Monday 24th September 2012**

All courses are to run for 8 weeks\* on Monday & Wednesday Nights

Classes will break for midterm (Oct 29th-Nov 2nd). Fees are to be paid on enrolment night or posted to Kinsale Community School, attention Night Classes.

### Monday Nights, 7-9pm

Computer Course .....	€100
<i>Marie Scully</i>	
French for your holiday .....	€90
<i>Fran Aucoin</i>	
Practical Cookery .....	€95
<i>Julie O'Meara</i>	
Ceramics .....	€80
<i>Julian Smith</i>	
Guitar For Beginners .....	€100
Bridge For Beginners .....	€70
<i>Ann Fitzsimons</i>	
Circuit Aerobics (7.15pm-8.15pm) .....	€70
<i>Michael O'Sullivan</i>	

### Wednesday Nights, 7-9pm

Pilates (6.45pm-7.45pm, 8pm-9pm) ..	€80
<i>Ewa Dworaczynska</i>	
Kickboxing (Beginners & Improvers) ..	€80
<i>Sarah O'Sullivan</i>	
Spanish (Suitable for all) .....	€90
<i>Mercedes Garcia</i>	
Painting with Acrylics .....	€90
<i>David Kavanagh B.A. Fine Art. M.A. Visual Communication</i>	
Intro to Stock Markets .....	€95
<i>Redmayne - Bentley Stockbrokers, Cork</i>	
English Language .....	€85
<i>Fran Aucoin</i>	
Positive Psychology .....	€85
<i>Dr. Zelda Di Blasi</i>	
<i>Lecturer, School of Applied Psychology, UCC</i>	

**ENROLMENT: Thursday 20th September, 7-7.45pm**

For further details on Night Classes contact Linda Dreelan: 087 849 1935

Tel: 021 4773174    info@kinsalecommunityschool.ie    www.kinsalecommunityschool.ie

# FINTAN LYNCH

## HAIRDRESSING

61 MAIN STREET, KINSALE

Open Late Thurs  
*until 8pm*

Contact Rachel for an appointment

-§-

## Also Open Mon

Contact Pauline for an appointment

COLOUR HERBE  
PERMANENT HAIR COLOUR

T: 021 477 3900 L'OREAL  
PARIS

### Hair Models Required

*for Tuesdays & Wednesdays*

Please contact Fintan on 087 973 1375



It's Back to School  
**Le French Club**  
Is now Enrolling

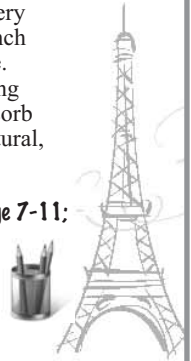
New Terms start the week of  
September 24th in Kinsale Gael Scoil

We aim to give children a very strong grounding in the French language, culture & heritage. Through fascinating, inspiring activities your child will absorb the French language in a natural, fun, effective way.

Courses for Children age 4-7; age 7-11;  
Junior & Leaving Certificate  
preparation Also available

To avoid disappointment book now on: 087-6443574 or email:  
lefunfrenchclub@gmail.com

Limited places available as we wish to keep groups small.



# The White House

FULLY LICENCED GUESTHOUSE & BAR

Breakfast Served from 8am-12noon  
Food Served Daily from 12noon-10pm

Special Set Menu

3 Courses €25 / 2 Courses €20

~ Live Music ~

Friday 14th September

Shane & Friends 9.30pm

Saturday 15th September

Big Ordeal 10.30pm

Sunday 16th September

Mike O'Riordan 9.00pm

Thursday 20th September

Shane & Friends 9.30pm

Your hosts The Frauley Family & Staff

Tel: 021-4772125

www.whitehouse-kinsale.ie



Member



AA Rosette



Fáilte



# Fasttrack Broadband

Providing High speed  
broadband in your area!

- Bandon
- Ballinadee
- Ballinspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

No Phone line needed - No line rental  
Local Company with a local support team  
Packages starting from €23.50 per month

Contact Tristan on:

## 087 1211809

Ballinadee, Bandon, Co. Cork

email: [info@fasttrackbroadband.ie](mailto:info@fasttrackbroadband.ie)

web: [www.fasttrackbroadband.ie](http://www.fasttrackbroadband.ie)

# TAE KWON-DO

## Beginner Classes in Kinsale starting

*With Mark Buckley VI Degree and  
Finbarr Stewart II Degree*

CLASSES IN KINSALE

Temperance Hall

Tuesdays

6.30—7.30pm Beginners

7.30—8.30pm Advanced

Fridays

6.45—7.45pm Beginners

7.45—8.45pm Advanced

Phone 086 822 0107 /  
087 258 8360 for more info

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**New Activities Autumn 2012  
with Sabine Graef**

**- Monday -**

**Grassroot Tennis Kids**, €40/6 weeks  
Times: 3.30pm - 5-7yrs, 4.30pm - 8-12yrs.

**- Wednesday -**

**Grassroot Tennis Kids**, €40/6 weeks  
Times: 3.30pm 8-10yrs, 4.30pm - 11yrs up

**- Wednesday -**

**Basketball for 1st - 3rd year only!**  
Time: 1.45pm - 3pm €40/6 weeks

**- Thursday -**

**Ladies Fitball/Pilates Ball Class**  
Time: 10.30am - 11.30am, €40/6 weeks  
Places limited!

**Bookings/Registration call  
Sabine: 087 9872783  
or email: [sabinegraef@eircom.net](mailto:sabinegraef@eircom.net)**

# Daltons Bar

Market St, Kinsale. Tel: 021 477 7957

## Traditional Irish Music & Ballads

*Mondays, Tuesdays &  
NOW on Thursdays*

# hurleys

Ballinspittle

BAR & RESTAURANT, Tel: 021 477 8200

## Good Food Served Daily

12.30pm-8.45pm

*(From 17th September times will be 12.30pm-8pm)*



## Pizza & a Pint

*(or Glass of Wine)*

**Only €10**

*Valid Mon-Thurs 8pm-11pm*

# THE SILENT BANJO

MAIN STREET, KINSALE

~ Saturday 15th Sept ~  
*Live Music  
with Grainne*

Monday-Friday 5pm-close  
Saturday & Sunday 3pm-close



**125**  
years making  
a difference  
Ecclesiastical

**Padraig Fitzgerald of PJFitzgerald Insurance,**  
is the sole appointed broker in Kinsale & West Cork  
for Ecclesiastical Insurance, Ireland's leading insurer  
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**FOR FURTHER ENQUIRIES:**

**Tel: 021 4772001 / 021 4772332**

**buy online at [www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com)**

PJF Insurances Ltd t/a PJFitzgerald Insurances is regulated by the Central Bank of Ireland.

*Relax, Unwind, Escape @*

# Actons Health & Fitness Club

Tel: 021 4772345 E: [leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com)



Join Actons Health & Fitness Club  
**FROM AS LITTLE AS  
€40 per month**

Pool, Sauna, Steam Room, Spa, Gym & Fitness assessments inc.  
Call in today for more info. Open to non-members pay as you go.



**\*\*\* SPECIAL OFFER \*\*\***

**Mini Flourish**

**Facial & Lash/Brow tint (60 mins)**

**ONLY €50**

\* Includes complimentary use of facilities before your treatment.

**FLOURISH  
ORGANICS**



## FITNESS CLASSES

Available to Members & Non-members

- Water Aerobics • Pilates • Pilates Ball • Vinyasa Yoga
- Private & Group Swimming lessons with Sue 086 3828463
- Spinning Classes: Thurs Mornings 7.15am-8.00am & 8.15am-9am
- Bec's Body Blast: Tues & Wed 7pm-7.45pm
- [Waterbabies.ie](http://Waterbabies.ie) • Post Natal Pilates



Terms and conditions apply

Due to hotel refurbishments parking in Acton's car park will be restricted.

For this duration parking here is strictly for:

**ACTON'S HEALTH & FITNESS  
CLUB GUESTS ONLY!**



Members with motor transport please avail of your pass at the Leisure Centre reception & leave it on your dash. The cars with no pass will be clamped. We apologise for any inconvenience caused. Thank you for your co-operation during this time.

Booking/enquiries please call the club on 021 4772345  
or e-mail [leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com)

For Pamper Breaks visit [www.actonshotelkinsale.com](http://www.actonshotelkinsale.com)



ACTONS HEALTH  
& FITNESS CLUB  
KINSALE



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



# THE HOUSE OF HAIR

Guardwell, Kinsale

Prop. Donna Murphy

## NEW @ HOUSE OF HAIR BLOWDRY BAR

STRAIGHT BLOWDRY €10

CURLY BLOWDRY €15

EVERY MONDAY & TUESDAY

FOR AN APPOINTMENT:

CALL **021 477 2526**

Open **Mon:** from 10am. **Tues, Wed & Fri:** 9am-6pm  
**Thurs:** 9am-Late (by Appointment) **Sat:** 8.30am-5pm

## The Spaniard

Scilly, Kinsale

~ *Live Music* ~

Friday 14th Sept

**Martin & Friends**  
from 9pm

Saturday 15th Sept

**For Folk Sake**, 9.30pm

Sunday 16th Sept

**Michael & Jimmy**

with Sing Along, 6pm-8pm

Wednesday 19th Sept

**Our Famous Trad Sessions**

with Tom - All musicians welcome!!!

50

WELCOME TO  
ALL THE SHARKS  
FOR THE 50th  
ANNIVERSARY

See you for the  
New Director Award  
@ The Spaniard on  
Saturday Afternoon

Enjoy sunny Kinsale as always!

~ *Bar & Restaurant* ~

Lunch 12pm-3pm, Mon-Fri, Food All Day, Sat & Sun  
Restaurant Open 6pm Nightly, All Menus Available

~ *Private Parties Catered For* ~

Tel: 477 2436 [www.thespaniard.ie](http://www.thespaniard.ie)

## Kinsale Health Store

### Fluoride Removal

#### EVA WATER PURIFIER

7 Stage Process:

Removes Fluoride,  
Bacteria, Heavy Metals,  
E-Coli, Chlorine, etc.

Also remineralises water  
to PH perfection!

Currently on offer

**€139.95**

Deposits Taken



-----Kinsale Health Store, Market St.-----

**Tel: 021 477 3521**

*Enjoy a Taste of India at...*

# Cobra



*Tandoori Et Balti Restaurant*

*Kinsale*

69 Main Street, Kinsale.

Tel: 021 477 7911 or 021 477 7163

*Clonakilty*

37 Ashe Street, Clonakilty.

Tel 023 8835957 or 023 8836626

## **A Classical Eastern Touch**

### **Multi-award winning best Indian & Pakistani Cuisine**

You can enjoy our super, authentic home cooked & guaranteed mouth watering Indian & Punjab dishes from Goa to Khyber Regions - All prepared and cooked to the highest quality - with FREE boiled or pilau rice with every main course dish.

We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

**Why not try something very mild for your first taste of curry.  
We are sure you will be delighted.**

## **EARLY BIRD SPECIAL MENU**

Sunday to Thursday  
4pm to 7pm

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 Friday 28th Sept: **Deirdre McCallum**  
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EVENT FOR  
KINSALE RFC  
UNDERAGE**

# KINSALE 5 MILE RUN



**Sunday 30th September, 2012 at 11AM**

**FREE TRANSPORT  
FROM FINISH LINE  
TO CLUB**



## RACE CATEGORIES

**Men, Women,  
Junior U-18 Boys and Girls.  
Over 40,45,50,55,60.**

**Prizes for all categories.**

**Come and enjoy a great family day in Kinsale**

- **Open to all athletes.**
- **Entry Fee: €10**
- **Start time 11am at Kinsale RFC.**
- **Free transport from finish line to club**
- **Check us out on facebook for lunch and other offers on the day**
- **Registration and changing facilities at Kinsale RFC from 9.30am to 10.30am**
- **Inquiries to John Walsh 086-8199611**
- **Car Parking available at Kinsale RFC**
- **Free Family Walk commences 10.45am (separate route)**
- **Charity Partner - Build4Life**

Race will start at Rugby Club and finish on Long Quay, on a fast course.

Free transport available back to club for showers/refreshments after the race.

If you would like to pre-register please send an email with name to [kinsalerficroadrace@gmail.com](mailto:kinsalerficroadrace@gmail.com).

Family walk starts at 10.45am and takes in Charlesfort/Summercove/Scilly Walk and finishes on Long Quay where the main race finishes.

A day out for all the family, run or walk and spend some time in Kinsale. Minimum age for runners - 16 years.

For further information on events and activities in Kinsale, log on to [www.kinsale.ie](http://www.kinsale.ie)

Registration from 9.30am • To pre-register please email [kinsalerficroadrace@gmail.com](mailto:kinsalerficroadrace@gmail.com)

**Contact: [kinsalerficroadrace@gmail.com](mailto:kinsalerficroadrace@gmail.com) or John 086-8199611**



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**Registration: Friday 14th September  
3.15pm-4.30pm, Temperance Hall, Kinsale**

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Tues 25th & Wed 26th  
September



Ted & Co is a parody tribute act,  
the performers are impersonators only,  
all script material is original and written by Michael Wilson-Green, Laughlines Ltd.  
There is no association between Laughlines Ltd and Hat Trick Productions / Channel 4.  
Under 14s to be accompanied by an adult. Contains adult humour.

Starts  
7.30pm  
...go on, go on,  
go on!

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6 Week Course  
Starts 27th September



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Kinsale Yoga Centre  
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New Course Starts 24th September

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*In Association with*

## CARLTON

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TICKETS €10

FIRST RACE 7:47pm

UNDER 16s FREE WITH  
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## Free Introductory Lecture

Wednesday 19th September  
Trident Hotel 7pm

**MINDLINK**  
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Your path to Self Discovery

This year Rod has been asked to bring his module one seminar (The Neurobiology of Excellence) to Kinsale. The module will take place in The Trident Hotel from Friday 21st September to Sunday 23rd September.

**Rod Briggs** is a sought-after international lecturer and consultant whose area of expertise lies in the mind sciences. He lectures on Stress Control, Trauma, Emotional Aptitude, Problem Solving, Interpersonal Relationships, Crisis Management, Personal Performance, Situation Awareness and Psycho-Neuro Immunology (to mention a few) to government departments, military and peace keeping forces, members of the medical fraternity, health departments, corporate and private groups from all over the world.

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**May McCarthy:**  
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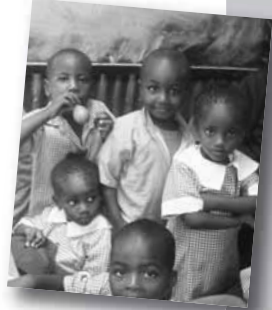
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# Come & join us...



**Support & Nurture**  
communities supporting communities



for the launch of new  
Kinsale based charity



# Support & Nurture

By Her Excellency, Catherine Muigai Mwangi,  
Kenyan Ambassador to Ireland



**Information Evening**  
**Thursday 20th of September**  
**Kinsale Community School, 7pm**



including:

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## Kinsale GAA

Clothes Collection in association with the Hope Foundation.

### Collecting:

- clothes (but they can't be rags)
- curtains • towels • hand bags
- belts • shoes & bed linen.

Duvets, bed quilts and pillows will not be accepted.

*The clothes etc will be exported to Africa, Pakistan and India.*

The clothes will be collected in the pitch on Friday Sept 14th, between 6-8pm

& Saturday Sept 15th between 10am-2pm.



The Society of St. Vincent de Paul is available in the Kinsale area

Offering practical help & advice in complete confidence. Our members have great experience in helping people deal with problems and can link you to service or agencies that can help you.

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# Positive Ageing Week Launch



Proudly sponsored by  
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You are cordially invited to attend on  
**Saturday 15th September 2.30pm**  
*Haven Bay Care Village, Kinsale*

Honorary Guest:  
Paralympic Sailor:  
John Twomey

*All Welcome*  
*Traditional Afternoon Tea served*



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# QUEST



## KIDS BIBLE CLUB

St Multose School Hall

Time: 2.45-3.45pm

### Other dates:

Friday 19th October,

Friday 16th November,

Friday 14th December

Starting Friday 14th September  
for senior infants - 6th class

An hour of fun, activities,  
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Cost: €2 per child per week.  
€3 two kids in a family.



More info: Heather 087 2524240

[www.kinsaleabc.ie](http://www.kinsaleabc.ie)



## Congratulations to the Kinsale Tidy Towns Committee

for winning

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*Well done to  
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[www.kinsaletidytowns.com](http://www.kinsaletidytowns.com)

## Table Quiz

Fundraiser in aid of Positive Ageing week

Wednesday 19th September

Trident Hotel, 7.30pm

Table of 4 = €40

All Welcome

Phone Deirdre To Book:

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KINSALE ADVERTISER

### Next Issue:

## Friday 21st Sept

DEADLINE: MONDAYS @ 5PM

Tel: 021 477 4313

Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)



Weekly Advertiser & Guide to  
**WHAT'S ON IN KINSALE & DISTRICT**

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~ TOM KEOGH ~  
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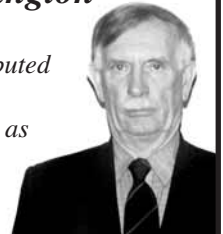


  
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would like to thank all  
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to the Tit Bonhomme  
Tragedy Fund, as well as  
The Trinity Well  
Coffee morning.



noelharrington57@gmail.com

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## NOTICES

**Kinsale Active Retirement Association**

**Tuesday 18th September**

Talk by Tony Lane, Kinsale Social Welfare Office  
Temperance Hall, 2.30pm

Anne McCarthy, Old Head  
Invites you to her 10th Annual Coffee Day  
in aid of Marymount Hospice  
**Thursday 20th September, 11am-8pm.**  
Great Raffle Prizes. Everyone Welcome

## Kinsale Bridge Club

is now running an additional morning's bridge session  
in the Trident Hotel Kinsale each Friday morning from  
10:30am - 1pm, commencing 14th September.

For further details contact 086 2640643 or email:  
kinsalebridgeclub@hotmail.com



## FAMILY FUN DAY - POSTPONED

Saile's Family Fun Day will not take place this  
Sunday 16th September, it will however be  
rescheduled for Spring next year.

For further information 021 477 3929  
www.sailesportsandleisure.ie

## NOTICES

### Kayak & Canoe River Run

Saturday 22nd September

Kilmaccsimon Quay to Kinsale, 7 miles.  
Registration @ 9am.

(entrants must be at least 16yrs or have level 2 cert).

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plus Raffle Fundraiser for the  
102nd Kilbrittain Scouts

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[www.facebook.com/breastfeedingclass](https://www.facebook.com/breastfeedingclass)

### HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Fri 14th Sept: 2pm & 3pm  
Sat 15th Sept: 2, 3 & 4pm  
Sun 16th Sept: 2, 3 & 4pm  
Monday to Thursday: 4pm

Complimentary Tea/Coffee Served  
Cruises are subject to weather and tide.

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[www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)

**Best of luck to the everyone in the Kinsale Shark Awards!!!**

**Dragon Gold Cup 2012**

**FRI 14th SEPT**

**APÉRITIF WINE BAR:**

Spanish Night  
with Live DJ.

**BACCHUS NIGHTCLUB:**

with DJ Garian, 11.30pm.

**BLUE HAVEN:**

Crazy Chester, 10pm.

**CRACKPOTS RESTAURANT:**

Crosbie's Piano Bar  
with Guest Susan Crosbie

**DON & BARRY'S TOURS:**

From The Tourist Office,  
9.15am & 11.15am.

**FOLKHOUSE:**

Live Music with Parallel.

**HAMLETS CAFÉ BAR:**

DJ Mark.

**HARBOUR CRUISE:**

From The Pier

@ 2pm & 3pm.

**HAVEN BAY CARE CENTRE:**

Hearing Clinic with Audivox,  
9.30am. Tel: 021 4546437.

**KINSALE BRIDGE CLUB:**

Trident Hotel, 10.30am.

**KINSALE GAA:**

Clothers Collection in  
Association with Hope  
Foundation, 6pm-8pm.

**KINSALE RUGBY CLUB:**

Adult Training, 7.30pm.

**SPANIARD BAR:**

Martin & Friends, 9pm.

**ST. MULTOSE SCHOOL HALL:**

Kids Bible Quest, 2.45pm.

**TEMPERANCE HALL:**

Registration for Sarah  
Callnan School of Dance,  
3.15pm-4.30pm.

**TEMPERANCE HALL:**

Drum Circle, 7.30pm.

**WHITE HOUSE:**

Shane & Friends, 9.30pm

**SAT 15th SEPT**

**ARMADA BAR:**

Live Music by Amarilla.

**BACCHUS NIGHTCLUB:**

with DJ Sean, 11.30pm.

**BLUE HAVEN:**

Billy Crosbie  
& Friends, 10pm.

**BULMAN, SUMMERCOVE:**

Karma Parking, 10.15pm.

**DON & BARRY'S TOURS:**

From The Tourist Office,  
9.15am & 11.15am

**FOLKHOUSE:**

Live Music with Houndogs.

**HAMLET CAFÉ BAR:**

DJ Mark.

**HARBOUR CRUISE:**

From The Pier  
@ 2pm, 3pm & 4pm.

**HAVEN BAY CARE CENTRE:**

Launch of Positive Aging  
Week, 2.30pm. Honorary  
Guest: Paralympic Sailor,  
John Twomey. All Welcome.

**KINSALE GAA:**

Clothers Collection in  
Association with Hope  
Foundation, 10am-2pm.

**KINSALE RUGBY CLUB:**

Underage Training, 10am.

**LORD KINSALE:**

Live Music

by Paul Murphy.

**LORD KINSALE:**

Welcome Home for Kinsale  
Paralympian Sailor, John  
Twomey & Team, 9pm.

**SILENT BANJO:**

Live Music

with Grainne.

**SPANIARD BAR:**

For Folk Sake, 9.30pm.

**TOWER 10K ROAD RACE:**

Starts 12noon at Old Head  
Signal Tower. Reg: 10am.

**WHARF TAVERN @**

**THE TRIDENT HOTEL:**

The Easy Beats, 9pm.

**WHITE HOUSE:**

The Big Ordeal, 10.30pm.

**SUN 16th SEPT**

**ARMADA BAR:**

Music with Jamestown.

**BLUE HAVEN:**

Live Music by  
Elly & Friends, 9.30pm.

**BULMAN, SUMMERCOVE:**

Sweet As, 6.30pm.

**CARLTON HOTEL & C-SPA:**

Billy Crosbie & Sons Trio,  
Afternoon Jazz, 12pm.

**DON & BARRY'S TOURS:**

Tourist Office, 11.15am.

**FOLKHOUSE:**

Live Music by  
The Big Ordeal.

**HAMLETS CAFÉ BAR:**

Crazy Chester, 9.30pm.

**HARBOUR CRUISE:**

From The Pier  
@ 2pm, 3pm & 4pm.

**SPANIARD BAR:**

Michael & Jimmy  
with Sing-Along,  
From 6pm-8pm.

**WHITE HOUSE:**

Live Music by  
Mike O'Riordan, 9pm.

**MON 17th SEPT**

**BLUE HAVEN:**

Trad with John & Friends,  
plus Irish Dancing.

**DALTONS BAR:**

Traditional Irish  
Music & Ballads.

**DON & BARRY'S TOURS:**

From The Tourist Office,  
9.15am & 11.15am.

**HARBOUR CRUISE:**

From The Pier @ 4pm.

**TEMPERANCE HALL:**

Set Dancing, 8.30pm.  
Every Monday.

**TUES 18th SEPT**

**ACTIVE RETIRED**

**ASSOCIATION:**

Talk by Tony Lane, (Kinsale  
Social Welfare Office),  
Temperance Hall, 2.30pm.

**BLUE HAVEN:**

Live Music by  
Sonny & Friends, 9.30pm.

**DALTONS BAR:**

Traditional Irish  
Music & Ballads.

**DON & BARRY'S TOURS:**

From The Tourist Office,  
9.15am & 11.15am.

**HARBOUR CRUISE:**

From The Pier @ 4pm.

**HAMLETS CAFÉ BAR:**

Live Music by  
Sonny & Friends.

**KINSALE BRIDGE CLUB:**

Trident Hotel, 7.30pm.  
Every Tuesday.

**KINSALE RUGBY CLUB:**

Adult Training, 7.30pm.  
Every Tuesday & Friday.

**WED 19th SEPT**

**ARMADA BAR:**

Live Music by  
Dan The Man.

**BLUE HAVEN:**

Trad with John  
& Friends, 9.30pm.

**DON & BARRY'S TOURS:**

From The Tourist Office,  
9.15am & 11.15am.

**HAMLETS CAFÉ BAR:**

Live Music with  
Niall McCabe Band.

**HARBOUR CRUISE:**

From The Pier @ 4pm.

**MOTHER & BABY GROUP:**

Lemon Leaf Café,  
10am-12pm. All Welcome.

**SPANIARD BAR:**

Trad Session with Tom.  
Every Wednesday.

**TABLE QUIZ:**

Trident Hotel, 7.30pm.

For Positive Ageing Week.

**TRIDENT HOTEL:**

Free Introductory Lecture  
'The Neurobiology of  
Excellence' by Ron Briggs,  
from 7pm.

**THURS 20th SEPT**

**BACCHUS NIGHTCLUB:**

with DJ Mark, 11.30pm.

**BLUE HAVEN:**

Trad with John & Friends  
plus Irish Dancing.

**COFFEE MORNING:**

For Maymount Hospice,  
Anne McCarthy, Old Head,  
11am-8pm, All Welcome.

**DALTONS BAR:**

Traditional Irish  
Music & Ballads.

**DON & BARRY'S TOURS:**

From The Tourist Office,  
9.15am & 11.15am.

**FOLKHOUSE:**

Live Music by Treble  
(Niall, Mike & Friends).

**HAMLETS CAFÉ BAR:**

Darren & Friends.

**HARBOUR CRUISE:**

From The Pier @ 4pm.

**KINSALE COMMUNITY**

**SCHOOL:**

Night Classes  
Enrolment Night, 7pm.

**KINSALE COMMUNITY**

**SCHOOL:**

Information  
Evening for 'Support &  
Nurture', with Guest  
Catherine Muigai Mwangi,  
Kenyan Ambassador, 7pm.

**WHITE HOUSE:**

Live Music with  
Shane & Friends, 9.30pm.



Upcoming Events @  
**The Blue Haven**  
COLLECTION

**SPANISH NIGHT** Fri 14th Sept  
Aperitif Wine & Seafood Bar @ 8pm  
Live DJ, Paellas, Tapas, Spanish Wine Specials

**TONIGHT!**

**80s MUSIC PARTY**  
Fri 21st Sept @ Hamlets Café Bar

**COOKERY DEMONSTRATIONS**  
Coming soon, October until December, so book your place!  
Coeliac Cooking, Vegetarian & lots more...

**COYOTE PARTY**  
Sat 6th Oct @ Hamlets, 9pm. Coyote Dancers with  
Live DJ plus Special Guest MC, Former Miss World...  
**...Rosanna Davison!!!**


**KINSALE FASHION SHOW**  
Wed Oct 10th @ The Blue Haven, 7.30pm  
In aid of Kinsale Youth Support Services. The local boutiques of Kinsale  
will give you a fantastic night. (Footloose, Cooleez Childrens' Wear,  
Hattitude, Jane's Boutique, Stone Mad, Bolands, Mrs Mon.).  
Tickets €15 and available from The Blue Haven Hotel, Cooleez,  
Jane's Boutique & Hattitude.

**COMEDY WITH BARRY MURPHY  
& WILLIE WHITE** Thur Oct 18th,  
Tickets on Sale for €25. [www.bluehavenstore.com](http://www.bluehavenstore.com)

**COMEDY WITH BRENDAN GRACE**  
Thurs 1st & Fri 2nd Nov.  
Tickets €30, on Sale at The Blue Haven or [www.bluehavenstore.com](http://www.bluehavenstore.com)  
(Limited tickets left)

*Fantastic Events for you to Enjoy. We look forward to seeing you.*

T: 021 477 2209 [www.bluehavencollection.com](http://www.bluehavencollection.com)

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